



Triathlon Sprint di Tirrenia - SPRINT FEMMINILE

Tirrenia (PI), 20/10/2013



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ROSSI, FRANCESCA	S3	1	FORHANS TEAM	01:06:27.50	00:12:44.72	72	1m 41s/100m	00:30:38.50	50	39.17 Km/h	00:21:35.00	00	4m 18s/Km
2	CAPELLUPO, SABRINA	S4	1	CUS TORINO TRIATHLON	01:07:07.00	00:12:38.31	31	1m 41s/100m	00:32:34.40	40	36.84 Km/h	00:20:12.30	30	4m 2 s/Km
3	CAPONE, AMELIA	S2	1	CUS PARMA MEDEL	01:07:27.80	00:14:09.12	12	1m 53s/100m	00:31:24.70	70	38.21 Km/h	00:19:45.40	40	3m 57s/Km
4	GIORGETTI, AMBRA	S1	1	LUCCA TRIATHLON ASD	01:09:09.20	00:12:57.56	56	1m 43s/100m	00:33:12.00	00	36.14 Km/h	00:21:34.00	00	4m 18s/Km
5	MONACCHINI, ELISA	JU	1	VIS CORTONA	01:12:01.80	00:14:11.45	45	1m 53s/100m	00:31:45.50	50	37.79 Km/h	00:24:18.50	01	4m 51s/Km
6	REATI, ALESSANDRA	S3	2	PHISIO SPORT LAB TRI	01:12:30.40	00:16:24.06	06	2m 11s/100m	00:33:04.70	70	36.29 Km/h	00:19:46.40	40	3m 57s/Km
7	CAROTI GHELLI, FRANCESCA	M1	1	LA FENICE TRI	01:13:33.70	00:17:42.08	08	2m 21s/100m	00:34:02.70	70	35.25 Km/h	00:18:38.50	50	3m 43s/Km
8	FOGLINO, ENRICA	M2	1	A.S. VIRTUS	01:14:47.00	00:17:41.37	37	2m 21s/100m	00:33:18.40	40	36.03 Km/h	00:21:55.10	10	4m 23s/Km
9	RIGA, CANDIA	S2	2	F.I.TRI.	01:18:50.80	00:18:00.30	01	2m 23s/100m	00:34:46.10	02	34.51 Km/h	00:23:16.50	50	4m 39s/Km
10	GIUSTI, PAOLA	M4	1	LA FENICE TRI	01:20:50.60	00:17:49.39	39	2m 22s/100m	00:33:56.50	50	35.36 Km/h	00:26:19.50	06	5m 15s/Km
11	PASQUINI, LINDA	S4	2	PHISIO SPORT LAB TRI	01:21:54.10	00:19:40.35	35	2m 37s/100m	00:34:12.40	00	35.08 Km/h	00:23:50.00	00	4m 46s/Km
12	BOTTONI, ROSANNA	M4	2	1A MISTRAL TRIATHLON	01:22:20.80	00:18:26.92	22	2m 27s/100m	00:35:36.90	03	33.70 Km/h	00:25:46.30	04	5m 9 s/Km
13	PAPINI, ELISA	M1	2	FREESTYLE TRIATHLON	01:22:22.20	00:18:37.23	23	2m 28s/100m	00:34:31.50	01	34.76 Km/h	00:26:10.40	05	5m 14s/Km
14	PARESCHI, MONICA	M2	2	PHISIO SPORT LAB TRI	01:22:42.50	00:19:14.76	64	2m 33s/100m	00:37:04.70	05	32.37 Km/h	00:23:08.50	50	4m 37s/Km
15	MATTEIS, NATASCIA	S1	2	1A MISTRAL TRIATHLON	01:25:14.30	00:17:53.16	60	2m 23s/100m	00:37:06.30	06	32.34 Km/h	00:28:04.70	07	5m 36s/Km
16	PIDATELLA, DELIA	M3	1	ATOMICA TRIATHLON	01:29:17.60	00:25:00.72	27	3m 20s/100m	00:36:26.30	04	32.93 Km/h	00:25:03.10	03	5m 0 s/Km
17	TOSI, FRANCA	M2	3	LUCCA TRIATHLON ASD	01:30:00.10	00:21:15.71	16	2m 50s/100m	00:39:58.70	07	30.02 Km/h	00:24:25.50	02	4m 53s/Km
DNS	PERONCINI, ELEONORA	-	0	CUS PARMA MEDEL	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MOLENDI, CHIARA	-	0	LUCCA TRIATHLON ASD	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CODELUPPI, SONIA	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--	-	-1	--