



Elbaman - Half Ironman Women

Campo nell'Elba (LI), 28/09/2014



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	ZAVANONE, ILARIA	S3	1	A.S.D. TORINO TRIATH	05:44:05.20	00:36:39	8	1m 55s/100m	03:22:24	2	26.67 Km/h	01:40:48	1	4m 47s/Km
2	DAVOLIO, BARBARA	S4	1	WOMAN TRIATHLON ITAL	05:49:49.50	00:37:28	10	1m 58s/100m	03:12:30	1	28.05 Km/h	01:54:54	8	5m 28s/Km
3	RIGO, FRANCESCA	M1	1	WOMAN TRIATHLON ITAL	06:01:53.30	00:39:09	16	2m 3.s/100m	03:35:03	4	25.11 Km/h	01:42:53	2	4m 53s/Km
4	GASTALDI, FRANCESCA	S2	1	POL.MAREMOLA	06:14:58.60	00:39:36	20	2m 5.s/100m	03:42:40	8	24.25 Km/h	01:44:12	3	4m 57s/Km
5	DAL MASO, ALESSANDRA	S4	2	TRYLOGY	06:20:18.20	00:31:39	2	1m 39s/100m	03:48:14	11	23.65 Km/h	01:55:46	10	5m 30s/Km
6	KURPERSHOEK, DANIELLE CHRISTINE	S3	2	ROAD RUNNERS	06:22:37.50	00:37:32	12	1m 58s/100m	03:41:49	7	24.34 Km/h	01:57:34	12	5m 35s/Km
7	UGOLINI, SARA	S4	3	FUMANE TRIATHLON	06:22:46.20	00:41:17	26	2m 10s/100m	03:39:09	5	24.64 Km/h	01:53:42	6	5m 24s/Km
8	IERVICELLA, BENEDETTA	M1	2	METALROOF	06:24:09.40	00:42:04	27	2m 12s/100m	03:48:12	10	23.66 Km/h	01:46:15	4	5m 3 s/Km
9	MEMMO, LUISA CRISTINA	M2	1	F.I.TRI.	06:24:27.30	00:43:19	31	2m 16s/100m	03:41:17	6	24.40 Km/h	01:53:48	7	5m 25s/Km
10	BERNARDINI, SIMONETTA	M3	1	LIVORNO TRIATHLON	06:28:22.50	00:35:28	5	1m 52s/100m	03:56:54	14	22.79 Km/h	01:51:25	5	5m 18s/Km
11	GAUDERON, SYBILLE	S3	3	SUI	06:36:03.30	00:37:31	11	1m 58s/100m	03:47:47	9	23.70 Km/h	02:03:36	15	5m 53s/Km
12	ARTUSIO, ISABELLE	M1	3	FRA	06:39:55.90	00:48:23	35	2m 32s/100m	03:50:34	13	23.42 Km/h	01:56:14	11	5m 32s/Km
13	AVISON, SHANNON	S3	4	FRA	06:43:35.80	00:30:27	1	1m 36s/100m	03:26:07	3	26.19 Km/h	02:07:40	19	6m 4 s/Km
14	KUEN, RENATE	M2	2	F.I.TRI.	06:43:37.80	00:32:06	3	1m 41s/100m	03:48:28	12	23.63 Km/h	02:16:27	21	6m 29s/Km
15	BONOLLO, FRANCESCA	S3	5	A3	06:44:18.90	00:33:56	4	1m 47s/100m	03:57:23	15	22.74 Km/h	02:07:37	18	6m 4 s/Km
16	SALEMI, ANTONELLA	M2	3	WOMAN TRIATHLON ITAL	06:49:43.60	00:39:10	17	2m 3.s/100m	04:00:45	16	22.42 Km/h	02:03:57	16	5m 54s/Km
17	GRANELLI, FRANCESCA	S4	4	KINO - MANA	06:57:12.90	00:50:26	37	2m 39s/100m	04:01:08	17	22.39 Km/h	01:59:52	13	5m 42s/Km
18	XICLUNA, VIRGINIE	M1	4	FRA	07:01:51.20	00:40:10	22	2m 6.s/100m	04:17:27	22	20.97 Km/h	01:55:10	9	5m 29s/Km
19	GARAU, LUISA	M1	5	EUROPA SSD	07:05:10.20	00:42:26	28	2m 14s/100m	04:07:08	19	21.85 Km/h	02:05:13	17	5m 57s/Km
20	BIANCHI, VALERIA TINA	M1	6	HAPPY RUNNER CLUB	07:20:39.30	00:38:57	15	2m 2.s/100m	04:16:39	21	21.04 Km/h	02:19:45	24	6m 39s/Km
21	CAVALLIN, PRISCA	S2	2	TRIBU'	07:23:17.40	00:39:36	21	2m 5.s/100m	04:14:37	20	21.20 Km/h	02:18:31	23	6m 35s/Km
22	MIQUEROL, CAMILLE	S2	3	FRA	07:26:03.10	00:36:02	6	1m 53s/100m	04:02:50	18	22.23 Km/h	02:39:08	31	7m 34s/Km
23	BOSSI, DANIELA	M1	7	WOMAN TRIATHLON ITAL	07:28:40.30	00:44:49	32	2m 21s/100m	04:29:36	29	20.02 Km/h	02:09:39	20	6m 10s/Km
24	PI?ANOV?, MILOSLAVA	S3	6	CZE	07:35:16.10	00:39:11	18	2m 3.s/100m	04:25:37	26	20.33 Km/h	02:23:02	26	6m 48s/Km
25	FAISSOLA, BARBARA	M3	2	GBR	07:35:17.60	00:38:37	13	2m 1.s/100m	04:32:31	32	19.81 Km/h	02:17:13	22	6m 32s/Km
26	ZATTI, SELENA	S3	7	DUEMMECORSE	07:38:31.80	00:39:33	19	2m 4.s/100m	04:30:12	30	19.98 Km/h	02:21:22	25	6m 43s/Km
27	MALOVA, ELENA	S3	8	RUS	07:43:14.00	00:49:36	36	2m 36s/100m	04:38:10	33	19.41 Km/h	02:02:56	14	5m 51s/Km
28	GNUDI, CLAUDIA	S4	5	PORTA SARAGOZZA BO	07:44:49.90	00:44:55	33	2m 21s/100m	04:28:59	28	20.07 Km/h	02:23:20	27	6m 49s/Km
29	VALENZANO, PAOLA	M3	3	ELBAMAN TEAM	07:47:07.50	00:43:16	30	2m 16s/100m	04:22:02	24	20.60 Km/h	02:35:33	30	7m 24s/Km
30	MACKNESS, TIFFANY	S4	6	GBR	07:54:58.10	00:42:54	29	2m 15s/100m	04:21:49	23	20.62 Km/h	02:43:57	32	7m 48s/Km
31	GATELLI, CHIARA	M2	4	FERALPI TRIATHLON	08:08:31.40	00:41:08	24	2m 9.s/100m	04:23:52	25	20.46 Km/h	02:53:25	35	8m 15s/Km
32	JOBARD SOMMER, CECILE	M1	8	FRA	08:10:00.80	00:38:44	14	2m 2.s/100m	04:54:16	36	18.35 Km/h	02:30:01	29	7m 8 s/Km
33	PEARS, JACKIE	M2	5	AUS	08:10:59.60	00:40:41	23	2m 8.s/100m	04:30:34	31	19.95 Km/h	02:52:01	34	8m 11s/Km
34	OWEN, CORAL	S2	4	USA	08:11:02.80	00:36:10	7	1m 54s/100m	04:28:24	27	20.11 Km/h	02:54:45	36	8m 19s/Km
35	DAMATO, SIMONA	M2	6	F.I.TRI.	08:25:55.30	00:45:47	34	2m 24s/100m	04:40:27	34	19.25 Km/h	02:49:39	33	8m 4 s/Km
36	BONOMI, CHIARA	S4	7	GREEN HILL	08:40:28.30	00:36:42	9	1m 55s/100m	04:41:15	35	19.2 Km/h	03:12:23	37	9m 9 s/Km
37	GRASSINI, PAOLA	M2	7	PISARRC SEZ. TRIATHL	09:04:39.70	00:41:13	25	2m 10s/100m	05:49:13	37	15.46 Km/h	02:24:18	28	6m 52s/Km
DNS	LAZZARI, MARIA ROSARIA	-	0	SALENTO TRIATHLON	DNS	-	-1	--	-	-1	--	-	-1	--



Elbaman - Half Ironman Women
Campo nell'Elba (LI), 28/09/2014



DNS	INGROSSO, MARIA RAFFAELLA	-	0	G.S.PASTA GRANAROLO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PENNESI, CICALIA	-	0	FRA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	SCANDOLA, LUISA	-	0	3 LIFE	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	PERITO, MICHELA	-	0	G.S.PASTA GRANAROLO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	SAMMONS, MARIE	-	0	FRA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CHRISTIE, ARLENE	-	0	GBR	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	VACCANI, FRANCESCA	-	0	3 LIFE	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	MELE, RAFFAELLA	-	0	FORHANS TEAM	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	LEUCARI, VALENTINA	-	0	TEAM UCSA	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	BRUNO, LUDOVICA	-	0	GBR	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	DALL'ASTE BRANDOLINI, MITZI	-	0	F.I.TRI.	DNS	-	-1	--	-	-1	--	-	-1	--