



Campionato Italiano Duathlon Ind. Giovani - Ragazzi Femminile

Capaccio (SA), 01/04/2017



Pos	Atleta	Cat	P.Cat	Team	Tempo	Run	Pos	Media	Bike	Pos	Media	Run	Pos	Media
1	GERMANI, VALENTINA	RA	1	ASD CNM TRIATHLON	00:12:59.80	00:02:45.18	18	3m 26s/Km	00:06:31.500	500	27.62 Km/h	00:02:07.40	40	5m 17s/Km
2	DAL MAS, MATILDE	RA	2	SILCA ULTRALITE	00:13:05.90	00:02:49.16	16	3m 31s/Km	00:06:19.90	90	28.49 Km/h	00:02:22.307	307	5m 54s/Km
3	CROCIANI, SARA	RA	3	POL. RICCIONE	00:13:06.10	00:02:47.50	30	3m 28s/Km	00:06:29.20	20	27.76 Km/h	00:02:12.00	00	5m 29s/Km
4	GOBBI, ALICE	RA	4	T.D. RIMINI	00:13:12.80	00:02:45.24	24	3m 26s/Km	00:06:24.90	90	28.12 Km/h	00:02:26.201	201	6m 4 s/Km
5	ALESSANDRI, ALICE	RA	5	T.D. RIMINI	00:13:16.40	00:02:50.50	50	3m 32s/Km	00:06:26.30	30	27.97 Km/h	00:02:23.008	008	5m 57s/Km
6	CASADEI, GIULIA	RA	6	T.D. RIMINI	00:13:22.10	00:02:53.40	20	3m 36s/Km	00:06:22.00	00	28.27 Km/h	00:02:24.009	009	5m 59s/Km
7	FAVILLI, SARA	RA	7	CUS PARMA ASD	00:13:26.00	00:02:48.57	57	3m 29s/Km	00:06:27.30	30	27.90 Km/h	00:02:28.004	004	6m 9 s/Km
8	TERRINONI, SUSANNA	RA	8	GREEN HILL	00:13:27.90	00:02:57.44	44	3m 41s/Km	00:06:34.50	30	27.41 Km/h	00:02:18.003	003	5m 44s/Km
9	BIZ, ELEONORA	RA	9	SILCA ULTRALITE	00:13:33.10	00:02:44.50	50	3m 24s/Km	00:06:53.50	60	26.15 Km/h	00:02:19.905	905	5m 47s/Km
10	PIRODDI, ALICE	RA	10	SABINA TEVERE	00:13:34.00	00:02:57.39	39	3m 41s/Km	00:06:38.00	60	27.13 Km/h	00:02:14.302	302	5m 34s/Km
11	VOLIANI, MARGHERITA	RA	11	NUOTO LIVORNO 3	00:13:34.70	00:02:45.17	17	3m 26s/Km	00:06:51.20	40	26.27 Km/h	00:02:12.100	100	5m 29s/Km
12	SALVAGNO, MATILDE	RA	12	CUNEO1198 TRITEAM	00:13:36.90	00:02:57.10	50	3m 41s/Km	00:06:40.10	80	27.0 Km/h	00:02:18.304	304	5m 44s/Km
13	SAIU, GIULIA	RA	13	VILLACIDRO TRIATHLON	00:13:42.40	00:02:58.39	39	3m 42s/Km	00:06:16.10	10	28.72 Km/h	00:02:47.105	105	6m 57s/Km
14	DUTTO, MARIA	RA	14	CUNEO1198 TRITEAM	00:13:43.00	00:02:58.23	38	3m 42s/Km	00:06:37.50	50	27.20 Km/h	00:02:20.006	006	5m 49s/Km
15	ROSSI, GIULIA	RA	15	NUOTO LIVORNO 3	00:13:43.60	00:03:00.42	21	3m 44s/Km	00:06:31.00	00	27.62 Km/h	00:02:31.206	206	6m 17s/Km
16	BADIOLI, CAMILLA	RA	16	T.D. RIMINI	00:13:49.60	00:02:55.34	44	3m 38s/Km	00:06:46.00	20	26.60 Km/h	00:02:25.500	500	6m 2 s/Km
17	PECORARI, IRIS	RA	17	CSA GORIZIA	00:13:58.00	00:03:05.42	25	3m 51s/Km	00:06:33.30	20	27.48 Km/h	00:02:32.309	309	6m 19s/Km
18	ORSOLINI, ZOE	RA	18	CSD YMCA	00:14:04.70	00:03:07.30	30	3m 53s/Km	00:06:30.30	30	27.69 Km/h	00:02:40.405	405	6m 39s/Km
19	VAGHI, SARA	RA	19	FRIESIAN TEAM	00:14:10.70	00:03:07.37	37	3m 53s/Km	00:06:36.20	40	27.27 Km/h	00:02:37.506	506	6m 32s/Km
20	PIATTI, ELISA	RA	20	FRIESIAN TEAM	00:14:13.50	00:03:09.36	36	3m 56s/Km	00:06:39.10	70	27.06 Km/h	00:02:30.607	607	6m 32s/Km
21	MANCINI, MARTINA	RA	21	LEONE	00:14:14.00	00:02:51.10	10	3m 33s/Km	00:07:05.10	20	25.41 Km/h	00:02:30.405	405	6m 14s/Km
22	KOVIC, SARA	RA	22	CSA GORIZIA	00:14:16.00	00:02:51.47	11	3m 33s/Km	00:06:59.40	90	25.77 Km/h	00:02:38.902	902	6m 34s/Km
23	LASCHI, RACHELE	RA	23	NUOTO LIVORNO 3	00:14:16.40	00:03:06.32	26	3m 52s/Km	00:06:52.10	50	26.21 Km/h	00:02:31.308	308	6m 17s/Km
24	CASTALDO, FRANCESCA	RA	24	GREEN HILL	00:14:20.00	00:02:59.23	23	3m 43s/Km	00:06:32.50	10	27.55 Km/h	00:02:58.103	103	7m 24s/Km
25	GREGANTI, NICOLE	RA	25	A.S.MINERVA ROMA	00:14:22.80	00:03:07.42	27	3m 53s/Km	00:06:49.30	30	26.40 Km/h	00:02:37.708	708	6m 32s/Km
26	RUZZO, EMMA	RA	26	DDS	00:14:24.00	00:03:01.42	22	3m 46s/Km	00:06:42.30	20	26.86 Km/h	00:02:37.909	909	6m 32s/Km
27	CADEDDU, MARTA	RA	27	VILLACIDRO TRIATHLON	00:14:31.60	00:03:03.10	10	3m 48s/Km	00:06:47.30	20	26.53 Km/h	00:02:51.908	908	7m 7 s/Km
28	PUCCI, ALESSANDRA	RA	28	ATLAS TRIATHLON CS	00:14:35.30	00:03:22.46	46	4m 12s/Km	00:06:40.70	90	27.0 Km/h	00:02:47.004	004	6m 57s/Km
29	RIMONDI, ANNA	RA	29	CUS PARMA ASD	00:14:41.60	00:03:12.39	39	3m 59s/Km	00:06:57.50	80	25.89 Km/h	00:02:43.100	100	6m 47s/Km
30	LOMBARDO, ELENA	RA	30	CUNEO1198 TRITEAM	00:14:43.90	00:03:15.00	50	4m 3 s/Km	00:07:11.50	80	25.05 Km/h	00:02:26.703	703	6m 4 s/Km
31	RESEN, GIORGIA	RA	31	CSA GORIZIA	00:14:45.50	00:03:13.37	33	4m 1 s/Km	00:07:05.30	30	25.41 Km/h	00:02:31.307	307	6m 17s/Km
32	TONON, SOFIA	RA	32	SILCA ULTRALITE	00:14:45.60	00:02:44.20	20	3m 24s/Km	00:08:04.30	30	22.31 Km/h	00:02:12.301	301	5m 29s/Km
33	FABBI, GIULIA	RA	33	CUS PARMA ASD	00:14:46.20	00:03:11.23	23	3m 58s/Km	00:06:55.10	70	26.02 Km/h	00:02:41.006	006	6m 42s/Km
34	CORTI, ELEONORA	RA	34	PROPATRIA MILANO	00:14:47.00	00:03:08.43	32	3m 54s/Km	00:07:16.50	60	24.77 Km/h	00:02:26.502	502	6m 4 s/Km
35	MALMESI, COSTANZA	RA	35	CUS PARMA ASD	00:14:48.10	00:03:11.30	30	3m 58s/Km	00:07:08.10	50	25.23 Km/h	00:02:33.502	502	6m 22s/Km
36	BERANGER, ALICE	RA	36	ASD CNM TRIATHLON	00:14:50.40	00:03:07.52	28	3m 53s/Km	00:07:04.30	10	25.47 Km/h	00:02:41.908	908	6m 42s/Km
37	VITTOZZI, DARIA	RA	37	LEONE	00:14:52.10	-	-1	--	00:07:09.20	70	--	00:02:38.100	--	--
38	FORZATO, MARTINA	RA	38	CUS UDINE	00:14:54.20	00:03:07.52	29	3m 53s/Km	00:07:15.00	10	24.82 Km/h	00:02:38.401	401	6m 34s/Km



Campionato Italiano Duathlon Ind. Giovani - Ragazzi Femminile
Capaccio (SA), 01/04/2017



39	TANARA, SOFIA	RA	39	CUS PARMA ASD	00:14:56.90	00:03:12.480	3m 59s/Km	00:07:07.504	25.29 Km/h	00:02:43.261	6m 47s/Km			
40	BRUNO, MIKAELA	RA	40	ATLAS TRIATHLON CS	00:14:57.30	00:03:08.583	3m 54s/Km	00:07:16.104	24.77 Km/h	00:02:41.387	6m 42s/Km			
41	QUAGLIA, CARLOTTA	RA	41	AZZURRA TRIATHLON TE	00:15:06.20	00:03:19.351	4m 8 s/Km	00:07:16.405	24.77 Km/h	00:02:39.083	6m 37s/Km			
42	DALMASSO, CHIARA	RA	42	CUNEO1198 TRITEAM	00:15:08.50	00:03:18.349	4m 7 s/Km	00:07:04.300	25.47 Km/h	00:02:52.389	7m 9 s/Km			
43	DE REMIGIS, GIULIA	RA	43	TERAMO TRIATHLON	00:15:10.40	00:03:15.546	4m 3 s/Km	00:07:26.360	24.21 Km/h	00:02:35.984	6m 27s/Km			
44	VICINI, DARIA	RA	44	PHISIO SPORT LAB TRI	00:15:12.00	00:03:15.348	4m 3 s/Km	00:07:13.109	24.94 Km/h	00:02:32.780	6m 19s/Km			
45	BOLOGNINI, ARIANNA	RA	45	TERAMO TRIATHLON	00:15:14.20	00:03:15.347	4m 3 s/Km	00:07:29.562	24.05 Km/h	00:02:32.981	6m 19s/Km			
46	PERINA, GIULIA	RA	46	B4S-TTT	00:15:18.90	00:03:13.702	4m 1 s/Km	00:07:29.363	24.05 Km/h	00:02:37.085	6m 32s/Km			
47	BERNARDI, SARA	RA	47	CUNEO1198 TRITEAM	00:15:24.70	00:03:21.974	4m 11s/Km	00:07:22.509	24.43 Km/h	00:02:43.682	6m 47s/Km			
48	DI VITTORIO, CHIARA	RA	48	CUS PARMA ASD	00:15:26.90	00:03:09.424	3m 56s/Km	00:07:15.503	24.82 Km/h	00:03:00.264	7m 29s/Km			
49	MAZZOCCO, ALICE	RA	49	THE HURRICANE S.S.D.	00:15:28.40	00:03:09.535	3m 56s/Km	00:07:27.461	24.16 Km/h	00:02:49.467	7m 2 s/Km			
50	BACCARO, CARLOTTA	RA	50	CSA GORIZIA	00:15:31.70	00:03:25.297	4m 16s/Km	00:07:17.507	24.71 Km/h	00:02:53.081	7m 12s/Km			
51	TERZI, RACHELE	RA	51	PHISIO SPORT LAB TRI	00:15:36.70	00:03:31.261	4m 23s/Km	00:07:20.508	24.54 Km/h	00:02:43.089	6m 47s/Km			
52	MOCCI, ALESSIA	RA	52	VILLACIDRO TRIATHLON	00:15:39.90	00:03:26.589	4m 17s/Km	00:07:29.364	24.05 Km/h	00:02:45.383	6m 52s/Km			
53	SANTORO, LINDA	RA	53	PHISIO SPORT LAB TRI	00:15:41.20	00:03:30.360	4m 22s/Km	00:07:15.002	24.82 Km/h	00:02:49.186	7m 2 s/Km			
54	MARGARIA, GAIA	RA	54	CUNEO1198 TRITEAM	00:15:43.80	00:03:37.367	4m 31s/Km	00:07:08.406	25.23 Km/h	00:03:01.466	7m 32s/Km			
55	IOIME, ANTONIETTA	RA	55	CENTRO ESTER TT	00:15:51.60	00:03:18.350	4m 7 s/Km	00:07:14.300	24.88 Km/h	00:03:07.588	7m 47s/Km			
56	IACHETTA, REBECCA	RA	56	LEONE	00:15:53.70	00:03:22.165	4m 12s/Km	00:07:30.706	24.0 Km/h	00:03:00.565	7m 29s/Km			
57	DUCA, VIRGINIA	RA	57	ROMA TRIATHLON	00:16:06.70	00:03:13.321	4m 1 s/Km	00:07:39.469	23.52 Km/h	00:03:04.367	7m 39s/Km			
58	SERAFINI, VALENTINA	RA	58	POL. RICCIONE	00:16:16.40	00:03:19.733	4m 8 s/Km	00:08:18.407	21.68 Km/h	00:02:34.703	6m 24s/Km			
59	BISI, EMMA	RA	59	PHISIO SPORT LAB TRI	00:16:30.60	00:03:33.363	4m 26s/Km	00:08:18.006	21.68 Km/h	00:02:40.084	6m 39s/Km			
60	SESSINI, GIULIA	RA	60	VILLACIDRO TRIATHLON	00:16:31.90	00:03:37.266	4m 31s/Km	00:07:40.500	23.47 Km/h	00:02:56.582	7m 19s/Km			
61	GUERRA, GIULIA	RA	61	DDS	00:16:37.90	00:03:19.482	4m 8 s/Km	00:08:17.405	21.73 Km/h	00:02:52.680	7m 9 s/Km			
62	ANNUNZIATA, EMANUELA	RA	62	CENTRO ESTER TT	00:16:42.70	00:03:40.168	4m 34s/Km	00:07:38.768	23.58 Km/h	00:03:10.389	7m 54s/Km			
63	FERRARI, ELIANA	RA	63	CUS UDINE	00:16:46.00	00:03:40.369	4m 34s/Km	00:07:32.767	23.89 Km/h	00:03:31.381	8m 47s/Km			
64	RICCOBONO, AURORA	RA	64	NUOTO LIVORNO 3	00:17:00.90	00:03:54.381	4m 52s/Km	00:07:30.585	24.0 Km/h	00:03:17.580	8m 12s/Km			
65	VALLEGGI, ANITA	RA	65	PHISIO SPORT LAB TRI	00:18:29.00	00:03:51.490	4m 48s/Km	00:08:12.404	21.95 Km/h	00:04:01.282	10m 2 s/Km			
DNF	PASSONE, AGNESE	-	0	SILCA ULTRALITE	DNF	00:02:55.213	--	-	-1	--	-1	--		
DNF	IORIO, MARTINA	-	0	SABINA TEVERE	DNF	00:03:02.303	--	-	-1	--	-1	--		
DNS	G?LLER, LENA	-	0	KSV TRIATHLON	DNS	-	-1	--	-	-1	--	-1	--	
DNS	MALACALZA, DEUSA	-	0	PIACENZA TRI VIVO	DNS	-	-1	--	-	-1	--	-	-1	--
DNS	CAPUTO, GAIA	-	0	ATLAS TRIATHLON CS	DNS	-	-1	--	-	-1	--	-	-1	--
Sq.	GHIRO, MARIA	RA	0	PROPATRIA MILANO	00:14:09.50	00:03:25.358	4m 16s/Km	00:07:54.062	22.78 Km/h	00:00:40.70	1m 39s/Km			
Sq.	POMPEI, ALICE	RA	0	A.S.MINERVA ROMA	00:15:05.20	00:03:35.265	4m 28s/Km	00:08:29.969	21.21 Km/h	00:00:50.58	2m 4 s/Km			
Sq.	VELARDITA, NOEMI	RA	0	MAGMA TEAM	00:15:02.40	00:03:33.162	4m 26s/Km	00:08:21.368	21.55 Km/h	00:00:48.38	1m 59s/Km			
Sq.	MIGNANO, ASSUNTA	RA	0	CENTRO ESTER TT	00:17:52.30	00:04:28.382	5m 34s/Km	00:09:35.201	18.78 Km/h	00:01:06.38	2m 44s/Km			
Sq.	VINCH, LILY	RA	0	UNICUSANO POSILLIPO	00:13:48.40	00:03:14.344	4m 2 s/Km	00:07:49.581	23.02 Km/h	00:00:42.08	1m 44s/Km			
Sq.	LEONE, ANNA MARIA	RA	0	CENTRO ESTER TT	00:18:13.00	00:05:05.793	6m 21s/Km	00:08:37.580	20.88 Km/h	00:01:23.48	3m 27s/Km			
Sq.	CASSARINO, MIRIAM FLAMINIA	RA	0	MAGMA TEAM	00:16:21.20	00:03:34.064	4m 27s/Km	00:09:38.002	18.68 Km/h	00:00:53.38	2m 12s/Km			