



Elbaman - Overall Women
Marina di Campo (LI), 05/10/2008



Pos	Atleta	Cat	P.Cat	Team	Tempo	Swim	Pos	Media	T1	Pos	Bike	Pos	Media	T2	Pos	Run	Pos	Media
1	BARKUN, NATALLIA	PRO	1	NO TEAM	10:40:33.70	00.56.11	1	1m 28s/100m	00.02.48	1	06.14.14	1	28.85 Km/h	00.01.34	1	03.25.46	2	4m 52s/Km
2	SELLA, MARIA ALFONSA	PRO	2	TD RIMINI	11:10:02.10	01.00.37	5	1m 35s/100m	00.04.42	8	06.39.10	5	27.05 Km/h	00.02.03	5	03.23.30	1	4m 49s/Km
3	DE VRIES, ESTHER	PRO	3	GVAV RAPIDITAS	11:22:38.90	01.01.48	8	1m 37s/100m	00.03.00	2	06.20.40	2	28.37 Km/h	00.01.41	3	03.55.29	6	5m 34s/Km
4	STAMPI, ELISABETTA	PRO	4	TD RIMINI	11:24:05.80	01.05.12	11	1m 42s/100m	00.04.40	7	06.34.39	4	27.36 Km/h	00.02.12	6	03.37.22	5	5m 9 s/Km
5	MAZZUCCO, LAURA	PRO	5	ALBA TRIATHLON	11:36:56.60	01.08.20	14	1m 47s/100m	00.05.03	9	06.47.56	6	26.47 Km/h	00.01.54	4	03.33.43	3	5m 3 s/Km
6	CHEHENASSE, AMÁ%LIE	PRO	6	PIRANHAS	11:43:01.10	01.01.31	7	1m 37s/100m	00.03.42	4	07.00.50	7	25.66 Km/h	00.01.38	2	03.35.20	4	5m 6 s/Km
7	SERAFINI, SILVIA	PRO	7	TD RIMINI	11:44:54.40	01.05.29	12	1m 43s/100m	00.04.24	5	06.29.27	3	27.73 Km/h	00.03.06	11	04.02.28	7	5m 44s/Km
8	GRUENER, SABINE	S3	1	NO TEAM	12:43:39.20	01.11.22	15	1m 52s/100m	00.05.07	10	07.09.33	8	25.14 Km/h	00.02.35	10	04.15.02	8	6m 2 s/Km
9	PALLARO, DANIELA	S4	1	PADOVA TRIATHLON	12:55:06.90	00.58.47	2	1m 32s/100m	00.04.25	6	07.17.51	9	24.66 Km/h	00.02.28	9	04.31.35	11	6m 26s/Km
10	PELAY LARDIES, LAURENCE	S4	2	UAT TRIATHLON	13:04:37.10	01.01.24	6	1m 36s/100m	00.05.54	11	07.21.42	11	24.45 Km/h	00.03.27	13	04.32.10	12	6m 27s/Km
11	STAVLA, VIRNA	M2	1	PADOVA TRIATHLON	13:34:47.30	01.22.54	16	2m 10s/100m	00.08.21	15	07.19.32	10	24.57 Km/h	00.03.34	14	04.40.26	13	6m 38s/Km
12	WERY, MAUD	S3	2	BERGERAC TRIATHLON	13:50:16.80	01.00.28	4	1m 35s/100m	00.07.01	13	07.33.10	12	23.83 Km/h	00.04.35	15	05.05.02	15	7m 13s/Km
13	BEAUDET, AMÁ%LIE	S2	1	ROUGE ET OR	14:00:28.10	01.03.59	10	1m 41s/100m	00.03.35	3	07.58.28	13	22.57 Km/h	00.02.19	8	04.52.07	14	6m 55s/Km
14	MAYRHOFER, BRIGITTE	M1	1	AETHALIA TRIATHLON	14:06:33.70	01.24.23	17	2m 13s/100m	00.11.22	17	08.06.17	14	22.20 Km/h	00.03.24	12	04.21.07	9	6m 11s/Km
15	SILVESTRI, SARA	S3	3	PADOVA TRIATHLON	14:13:41.70	01.05.51	13	1m 43s/100m	00.07.11	14	08.22.30	16	21.49 Km/h	00.07.41	16	04.30.28	10	6m 24s/Km
16	RAKOWITZ, CAROLINE	S2	2	ATUS SPARKASSE KNITTEFELD	14:50:30.50	01.00.00	3	1m 34s/100m	00.06.18	12	08.08.22	15	22.11 Km/h	00.02.14	7	05.33.36	16	7m 54s/Km
17	MEINARDI, DARIA	M3	1	TORINO3	16:36:21.00	01.03.19	9	1m 39s/100m	00.08.38	16	08.48.19	17	20.44 Km/h	00.12.12	17	06.23.53	17	9m 5 s/Km
DNS	MELCHIOR, KARIN	-	0	STARNET TEAM DSW	DNS	-	-1	--	-	-	-	-1	--	-	-	-	-1	--
DNS	WOYSCH, NICOLE	-	0	VFR-SIMMERN	DNS	-	-1	--	-	-	-	-1	--	-	-	-	-1	--
DNS	ZEDDA, FEDERICA	-	0	RIVIERA TRIATHLON 1992	DNS	-	-1	--	-	-	-	-1	--	-	-	-	-1	--